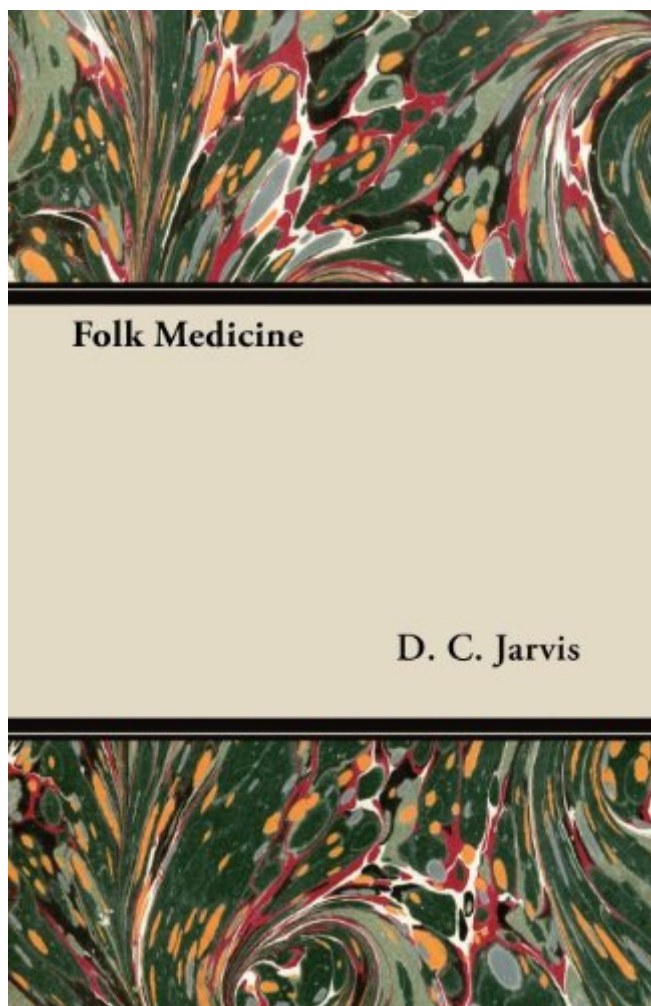


The book was found

# Folk Medicine



## Synopsis

This book takes a deep look into the folk medicine of Vermont. Written by a formally trained doctor who realised the local folk medicine was not only tradition but imperative to the way of life and the health of fellow Vermonters. This little guide provides knowledge and understanding of the nature and long successful uses of folk medicine and will be invaluable to anyone interested in daily increased vitality from childhood through maturity to satisfyingly active old age.

## Book Information

File Size: 952 KB

Print Length: 188 pages

Publisher: Laing Press (April 16, 2013)

Publication Date: April 16, 2013

Sold by:Â Digital Services LLC

Language: English

ASIN: B00D45LMOG

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #516,436 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #481

inÂ Books > Biographies & Memoirs > Professionals & Academics > Educators #555 inÂ Books > Arts & Photography > Performing Arts > Theater > History & Criticism #1050 inÂ Kindle Store > Kindle eBooks > Medical eBooks > Alternative & Holistic

## Customer Reviews

Some of the remedies in this book have been very helpful! I tend to be a skeptic about "home remedies", but this is different. This is folk medicine, practices that have been used for generations. We don't give our ancestors nearly enough credit -- they were far healthier than we are today, and I think a lot of that can be attributed to the fact that they did not rely on man-made chemicals to help with what ailed them. No antihistamines or decongestants for them; they used honey. I have terrible allergies, and have to say that honey has helped me more than anything else. My mother had the paperback version of this book, and it is literally falling apart from use. I am so glad to have it in Kindle form. Now to bookmark the e-version in the same way Mom bookmarked the paperback...

A well written and interesting book. If the evidence Dr. Jarvis presents can be as good as he states, taking apple cider vinegar and the other remedies he prescribes can be great ways to maintain a healthy life. Worth reading for his insight and experience.

I first read Folk Medicine many years ago. This book started me off drinking Apple Cider Vinegar and Honey and I have continued to do so for years. It has helped me to resist many old-age maladies. Dr Jarvis got it wrong when he suggests that the body is best in an acid state.

The proof of the read is that I have found unpasteurized apple cider vinegar and local honey to boost my immune system. After working in the garden and becoming very warm, this combination cools my body and gives me renewed energy.

I'm happy to rate this work as high as possible because everything I have read in this little gem rings true in my own personal experience of what I know to be high quality health and real vitality.

Interesting perspective and recommendations written in very clear language. Easy to understand the points he is making. I wish the appendix was a little more detailed but this it.

[Download to continue reading...](#)

Aspects of Philippine Culture: Pre-history of the Philippines; Architecture in the Philippines; Music of the Philippines; Muslim Folk Art in the Philippines; Mountain Folk Art; Folk Festivals of the Philippines; Contemporary Painting of the Philippines Folk Songs for Banjo: 40 Traditional American Folk Songs Arranged for Clawhammer Banjo Folk Songs for Solo Singers, Vol 2: 14 Folk Songs Arranged for Solo Voice and Piano for Recitals, Concerts, and Contests (Medium High Voice), Book & CD Animal Talk: Mexican Folk Art Animal Sounds in English and Spanish (First Concepts in Mexican Folk Art) Tales of the Seal People: Scottish Folk Tales (International Folk Tales) Folk Shawls: 25 knitting patterns and tales from around the world (Folk Knitting series) Modern Folk Embroidery: 30 Contemporary Projects for Folk Art Inspired Designs Folk Songs for Solo Singers, Vol 1: 11 Folk Songs Arranged for Solo Voice and Piano . . . For Recitals, Concerts, and Contests (Medium High Voice) Ukulele Song Book 1 & 2 - 50 Folk Songs With Lyrics and Ukulele Chord Tabs - Bundle of 2 Ukulele Books: Folk Songs (Ukulele Songs) A History of Folk Music Festivals in the United States: Feasts of Musical Celebration (American Folk Music and Musicians Series) Folk City: New York and the American Folk Music Revival Folk Songs for Solo Singers, Vol 1: 11 Folk Songs

Arranged for Solo Voice and Piano . . . For Recitals, Concerts, and Contests (Medium Low Voice)  
Folk Medicine Renaissance Medicine (History of Medicine) Extreme Medicine: How Exploration  
Transformed Medicine in the Twentieth Century The Power of Digital Medicine (Guided Digital  
Medicine Series) Wilderness Medicine (Wilderness Medicine: Management of Wilderness and  
Environmental Emergencies) The Social Medicine Reader, Second Edition: Vol. 3: Health Policy,  
Markets, and Medicine Immunology & Serology in Laboratory Medicine, 5e (IMMUNOLOGY &  
SEROLOGY IN LABORATORY MEDICINE ( TURGEON)) Fundamentals of Complementary and  
Alternative Medicine, 5e (Fundamentals of Complementary and Integrative Medicine)

[Dmca](#)